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Oral & Maxillofacial Surgery

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# PRE-OPERATIVE INSTRUCTIONS TO SURGERY PATIENTS

If you are to have oral surgery under general anesthesia or sedation, the following items are important for you to understand:

#### **BEFORE SURGERY**

A responsible adult who can sit with you in the recovery room and then drive you home, must be present before the surgery begins and remain in the office during your surgical procedures. You may be somewhat drowsy from the anesthetic for a few hours, and you should be escorted at all times until you are safely home.

Please wear loose fitting clothing, preferably short sleeves.

Most importantly -- ABSOLUTELY NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE SURGERY!

NO FINGERNAIL POLISH, CONTACT LENSES OR NECK JEWELRY!

### **DURING SURGERY**

First, your vital signs will be taken - pulse, blood pressure, etc. . . This is done routinely.

The anesthetic will be given through a vein in your arm. The effects are very rapid, and soon you will feel sleepy. You will also be given more oxygen to breathe.

Once you are asleep, a local anesthetic will be administered so that when the procedure is over, you will feel no discomfort.

## AFTER SURGERY

You will be allowed to rest in the recovery room for a while until you feel strong enough to leave. Someone may sit in the recovery room with you at this time.

You will have some gauze sponges in your mouth, which you should bite on until you get home. You will be given more to replace them as need be.

You will be given a prescription for post-operative discomfort, as well as an appointment for suture removal, if necessary.

You will also be given written and oral instructions for your post-operative care.

If you have any questions, please call the office at any time.